

eMLOVZ

# RELATIONSHIPS DECODED

*Build a Thriving Relationship, Fast*





*What is*

# **RELATIONSHIPS DECODED?**

Unlock the proven strategies to rebuild your relationship with Relationships Decoded. Our comprehensive program features an in-depth online curriculum, weekly live Q&A sessions with Emyli, personalized coaching with our experts, and access to an exclusive mastermind community of like-minded men. Together, you'll work to restore and strengthen your relationship from the ground up. Whether trust has been broken or admiration has faded, our program is designed to give you the tools and support you need to swiftly turn things around.



## ABOUT US

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emlovz was founded in 2012 by Emyli Lovz and Thomas Anthony after Emyli completed a 100-date research experiment while studying at UC Berkeley. Thomas stole Emyli's heart, and they are now happily married, dedicated to helping men find and maintain loving, healthy, and lasting relationships. Today, with a team of over 10 coaches, emlovz is dedicated to empowering men to achieve their dating and relationship goals, showing them that anything is possible.

# OUR RELATIONSHIP STORY



***We met and began our long-term relationship in 2012. By the third year, we encountered minor problems that we managed to overcome together.*** However, in 2019, seven years into our relationship, we faced significant challenges. Life's stressors began to take a toll, and Emyli asked for space, deciding to take 40 days away to reflect and determine if she wanted to continue the relationship.

***During those 40 days, Thomas made a commitment to profound personal and relationship growth.*** He took massive action to improve himself and win back Emyli's heart, aiming to become a better, more supportive partner.



***After the 40-day separation, we decided to give our relationship another chance.***

Fast forward to 2024, and we are happily married with two dogs and children. We've turned our journey into a mission, dedicating our time to helping men rebuild their relationships, even when it seems impossible. If we could overcome our struggles, so can you.



## **WHO IS IT FOR?**



This program is designed for men who are committed to rebuilding their relationship with their partner or wife, looking to save their marriage, or wanting to start their relationship off on the right foot with the essential tools and support needed to create a thriving partnership.

## **WHEN DOES IT START?**



Your journey begins the moment you enroll. You'll gain immediate, lifetime access to our online curriculum, live calls, and private community. And yes, the support continues even after your relationship is back on track.

## **WHAT DOES IT INCLUDE?**



The program includes a robust online curriculum, private & group coaching sessions, daily support in our client-only community, and an epic physical workbook with tons of applicable tools and exercises to revitalize your relationship.

# MEMBERSHIP INCLUDES

## RELATIONSHIPS DECODED

- ✓ Best in Class Online Curriculum
- ✓ 6 Private Coaching Sessions
- ✓ Weekly Group Coaching Sessions
- ✓ Daily Support in Our Private Client Community
- ✓ Access to Accountability Buddies
- ✓ The emlovz Workbook



# OUR TEAM



**Thomas Anthony**  
*Coach & Co-founder*



**Emyli Lovz**  
*Head Coach & Co-founder*



**Renee Meraz**  
*Relationship, Anxiety & Trauma Coach*



**Tilly Storm**  
*Holistic Sex & Intimacy Coach*



**Hailey Tessem**  
*Celebrity Stylist*



**Jennifer Struffert**  
*Relationship Coach*



**Darshil Amin**  
*Confidence Coach*



**Gemini & Blu**  
*Happiness Coordinators*

# OUR UNIQUE APPROACH

Join the #1 relationship coaching program for men that's dedicated to helping you create a thriving relationship in record time.

## eMLOVZ

- ✓ Group + Private Coaching
- ✓ Community Focused
- ✓ 11 Expert Coaches
- ✓ Robust Curriculum
- ✓ Workbook
- ✓ Lifetime Membership
- ✓ Third Party Reviews

## Other Options

- ✗ Group Coaching Only
- ✗ On Your Own
- ✗ 1 or 2 Coaches
- ✗ Minimal or No Curriculum
- ✗ No Workbook
- ✗ 6 Week Course
- ✗ No Third Party Reviews

OUR CURRICULUM

## *Habits Men Live By*

In phase one, you'll learn how to fully embrace responsibility for yourself and develop habits that empower you to lead your loved ones. If you've let your standards slip or lost touch with the activities you once enjoyed, our coaches are here to help.

We'll guide you in reconnecting with the strong, inspiring leader you're meant to be—the man your partner first fell in love with.

**YOU**

OUR CURRICULUM

# *Your Relationship Roadmap*



Exceeding your partner's expectations and fulfilling their needs is the secret to avoiding divorce or separation. Sometimes, when we are in conflict, we find only surface level "relationship poisons" or bad habits of nagging or criticizing our partner.

In our private coaching sessions, we help you create a custom roadmap to become highly skilled at recognizing the underlying needs of your partner in order to reduce repetitive cycles of conflict and bring joy, trust, and passion back into the relationship.

**HER**

OUR CURRICULUM

# *A Proven Step-by-Step Process*

In this phase, you'll learn that the biggest mistake many make in rebuilding their relationship is focusing too much on discussing problems. Instead, we'll coach you on the real key to a strong relationship: creating 20 positive interactions for every negative one. Unlike traditional therapy, which often dwells on negative patterns, we emphasize positive reinforcement.

You'll be guided on how to fill up your relationship bank account with validation, celebrate each other's successes, and understand that both partners ultimately desire the same things: love and connection.

US

# BENEFITS

- **Rebuild Trust and Connection:** Learn proven strategies to restore trust and deepen your connection with your partner.
- **Personalized Coaching:** Receive tailored advice and a custom roadmap to address your unique relationship challenges.
- **Effective Communication Skills:** Master communication techniques that reduce conflict and foster understanding.
- **Positive Relationship Habits:** Develop habits that strengthen your relationship, focusing on positive interactions.
- **Accountability and Support:** Stay on track with the guidance of expert coaches and a supportive community of like-minded men.
- **Confidence in Leadership:** Gain the confidence to lead your relationship in a way that brings joy, trust, and stability.
- **Improve Emotional Intelligence:** Enhance your ability to recognize and respond to your partner's emotional needs.
- **Restore Passion and Romance:** Reignite the spark in your relationship with practical tools and techniques.
- **Lifetime Access:** Enjoy lifetime access to the program's resources, allowing you to revisit and reinforce your learning anytime.
- **Work at Your Own Pace:** The program's flexibility lets you progress through the materials and sessions at a pace that suits your schedule.
- **Holistic Approach:** Benefit from a comprehensive approach that goes beyond just problem-solving to focus on overall relationship health.
- **Long-Term Results:** Equip yourself with lasting skills that ensure your relationship continues to thrive well beyond the program's end.